First-aid Program

Standard 29 CFR Part 1910.151

Presented by: Barton Insurance Group LLC

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First Aid: Agenda

In today's session, you'll be learning about:

- ✓ What first aid is
- ✓ Who is authorized to administer first aid
- ✓ What to do in the event of a medical emergency



What is first aid?

First aid is emergency care provided for an injury or sudden illness before emergency medical treatment is available.

Examples of first aid include:

- Treatment for non-life-threatening emergencies, including burns, eye injuries and wounds
- Treatment for life-threatening emergencies, including poisoning, asphyxiation, seizures



Why is this important to me?

Prompt and knowledgeable treatment can prevent minor injuries from becoming major. It is important that *every* employee knows:

- Which employees are trained and authorized to administer first aid and how to reach them quickly

and

- What to do and what not to do in the event of a medical emergency

Calling an Ambulance

In some cases, a sick or injured worker may be taken to a medical facility by car, but many times an ambulance is necessary. Always call an ambulance when:

- ✓ The employee is unconscious or in shock
- ✓ There is hemorrhaging
- ✓ There are severe abdominal cramps and/or vomiting
- ✓ There is an apparent fracture
- ✓ There are other symptoms of internal injury



What if I Get Hurt?



If you become ill or injured:

- ✓ **Take it seriously**.
- ✓ **Contact your supervisor** or other personnel trained in first aid.
- ✓ Fully **document the injury**.
  - Could help to avoid future injuries
- ✓ **NEVER drive yourself** to a medical facility.

What if Someone Else Gets Hurt?

When a co-worker is ill or injured, take the following action to ensure their and your safety:

- ✓ **Notify** a member of management
- ✓ **Do not move** the ill or injured person
- ✓ **Avoid contact with blood** or other bodily fluids
- ✓ If you are calm, **stay with the person** to provide comfort
- ✓ If directed by your supervisor, **wait for EMS** responders at the entrance and direct them to the scene of the emergency
- ✓ If you are not involved, **clear the area**

Eyewash Stations and Showers

If you are exposed to chemicals, the **first 10 to 15 seconds** are very important in preventing serious injury.

- ✓ Emergency eyewash stations and emergency showers are located:
  - [INSERT LOCATIONS]
- ✓ Wash for a minimum of 15 minutes
- ✓ Alert a supervisor to your injury
- ✓ Quickly remove contact lenses prior to flushing eyes

Conclusion

What should you keep in mind from today's presentation?



Know the locations of first aid kits

Know who has been trained as a first responder

Follow Evolution Maintenance, Inc procedures for injury reporting and treatment

For More Information

If you are in doubt about any part of the First Aid Program at Evolution Maintenance, Inc, do not hesitate to contact your supervisor.

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